Substance Abuse Vocabulary

Lesson 2

**Metabolism –** the process by which the body breaks down substances

**Binge Drinking**- drinking five or more alcoholic drinks at one sitting

**Alcohol poisoning** - a serve and potentially fatal physical reaction to an alcohol overdose

**Fetal Alcohol Syndrome** - a group of alcohol related birth defects that include physical and mental problems

**Alcoholism** - a disease in which a person has a physical or psychological dependence on drinks that contain alcohol

**Alcoholic** - an addict who is dependent on alcohol

**Recovery** - the process of learning to live an alcohol-free life

**Sobriety** - living without alcohol