**Unit 7: Cardiovascular System Study Guide**

Do Not write on this worksheet. Copy the objective, warm-up question and study guide questions or write your answer in statement form so that you know what the question was.

**Lesson 1 – Exploring the Cardiovascular System. (9.2.a)**

**Warm-up:** You are trying to improve your Pacer score, give 4 cardiovascular activities you could to help.

* 1. Copy and complete “Building Vocabulary” on page 416.
  2. Explain the function of the cardiovascular system.
  3. Explain how to calculate your target heart range. (pg. 417)
  4. What are the four blood types? (pg. 418)
  5. Copy and complete “Building Vocabulary” on page 423.
  6. Give 5 healthful behaviors that should become part of your life. (pgs. 423 & 24)
  7. Give and briefly explain 7 cardiovascular system problems (pgs. 425 & 26)
  8. Give and briefly explain 3 lymphatic system problems.