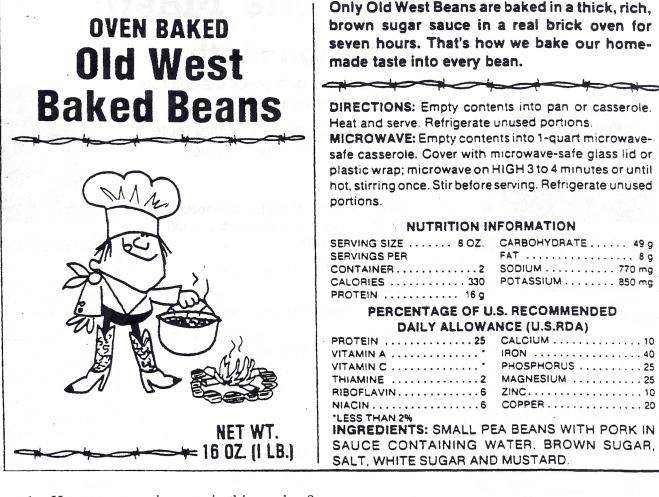
## Reading a Label



Only Old West Beans are baked in a thick, rich, brown sugar sauce in a real brick oven for

	seven hours. That's how we bake our home-made taste into every bean.				
	DIRECTIONS: Empty contents into pan or casserole. Heat and serve. Refrigerate unused portions.  MICROWAVE: Empty contents into 1-quart microwave-safe casserole. Cover with microwave-safe glass lid or plastic wrap; microwave on HIGH 3 to 4 minutes or until hot, stirring once. Stir before serving. Refrigerate unused portions.				
NUTRITION INFORMATION					
	SERVING SIZE         8 OZ.           SERVINGS PER         2           CONTAINER         2           CALORIES         330           PROTEIN         16 g	CARBOHYDRATE			
	PERCENTAGE OF U.S. RECOMMENDED				
	DAILY ALLOWANCE (U.S.RDA)				
	PROTEIN	CALCIUM       10         IRON       40         PHOSPHORUS       25         MAGNESIUM       25         ZINC       10         COPPER       20			

1.	How many servings are in this product?	
2.	What does RDA mean?	
3.	What ingredient is found in the smallest quantity?	
4.	Name three ingredients found in this product	
5.	How many calories in the entire product?	HERE'S SECTION AND A SECTION A
6.	How much sodium in this product?	
7.	Would this product be a good source of Vitamin A?	
8.	What do the following abbreviations mean?	
	oz g mg lb	