

## HCS Health Grade 9 Pacing Guide

### First Nine Weeks

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9
<b>Unit 1 Wellness/Fitness</b>			<b>Unit 2 Nutrition</b>		<b>Unit 3 Substance Abuse</b>		<b>Unit 4 Violence Prevention</b>	
Lesson 1: 9.1.d			Lesson 1: 9.1.a		Lesson 1: 9.1.c		Lesson 1: 9.1.i	
Lesson 2: 9.1.f			Lesson 2: 9.1.a		Lesson 2: 9.3.a,c,e		Lesson 2 - 5: 9.3 b,c	
Lesson 3: 9.1.b			Lesson 3: 9.1.a		Lesson 3: 9.3.a,c,e			
Lesson 4: 9.2.c			Lesson 4: 9.1.g					
Lesson 5: 9.1.e			_____ 9.1 h					
All lessons: 9.4.a and 9.4.b								

### Second Nine Weeks

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9
<b>Unit 5 Communicable Diseases</b>	<b>Unit 6 Family Life</b>		<b>Unit 7 Cardiovascular System</b>		<b>Unit 8 CPR/First Aid</b>			<b>Unit 9 Community Health and Wellness</b>
Lesson 1: 9.2.b	Lesson 1: FLE 9.2		Lesson 1: 9.1 E		Lesson 1: 9.2.b			Lesson 1:
Lesson 2: 9.2.b	Lesson 2: FLE 9.4, 9.5, _____ 9.6, 9.7		Lesson 2: 9.2 A		Lesson 2: 9.2.b			_____ 9.5.a,b,c,d
Lesson 3: 9.2.b	Lesson 3: FLE 9.9, 9.10				Lesson 3: 9.2.b			Lesson 2: 9.5.e
	Lesson 4 FLE 9.1, 9.3, 9.8				Lesson 4: 9.2.b			
	Lesson 5 FLE 9.11, 9.12							